



**Endorsement for Iris the Dragon**

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"Gayle Grass, AKA Iris, is an exceptionally talented author of captivating children's books. Through this medium, she educates her audience (children, parents and caregivers) about mental health and mental illness and stigma reduction.

"This book, "He Shoots – He Scores: A Tale from the Iris the Dragon Series", is her fifth in the series. This book is a continuation of "Catch a Falling Star" but occurs later in the life of the young boy as he navigates the developmental transition into adolescence, a phase of life that neither he nor his support system are prepared for. Additionally, the serious problems of self and family stigma are addressed.

In her Iris the Dragon Series, Gayle has utilized outstanding vision for a demonstrated need well before the topic of child and youth mental health and illness was as well identified as a need and well before it was well accepted.

It is now well beyond time that Gayle's outstanding contributions were thoroughly embraced.

Congratulations Gayle!"

**Simon Davidson, M.B., B.Ch., F.R.C.P.(C)**

Professor of Psychiatry and Paediatrics  
Chairman, Division of Child and Adolescent Psychiatry, University of Ottawa  
Chair, Child and Youth Advisory Committee  
Mental Health Commission of Canada