

# Best Bets for . . . What's New?



### CATCH A FALLING STAR

A Tale from the Iris the Dragon Series by Gayle Grass: Catch a Falling Star is a fairy story. It is a beautiful and sensitively written story of hope, help and understanding for children who are struggling with mental illness. It begins one summer morning when a boy called Fish is fishing from an old wooden bridge near his home.

He casts out his line and reels

in a straw hat belonging to Iris, a wise and gentle dragon, who lives in a cave under the bridge. Fish and Iris become good friends and share exciting adventures. Fish is beginning to develop some early signs of mental illness, he feels anxious and confused at times. He confides in Iris and she teaches him how to relax and tells him her dragon secrets for a healthy brain, including talking to his parents and seeking professional help.

### CREST SPINBRUSH

If you need a little help motivating your kids to brush, here's some new help with the launch of Crest's SpinBrush, the country's most affordable electric toothbrush for the whole family. Make brushing fun! Children can choose from a wide variety of models including a rocket ship, race car, mermaid and cell phone. By pushing a button, the oscillating bristles will help clean teeth, reduce plaque and help massage gums.

### THERAPATCH ANTI-ITCH

Canadians now have a new way to patch up a troublesome itch due to minor rashes, skin irritation, insect bites, poison oak and ivy. These convenient, easy to use patches deliver soothing calamine, camphor

and moisturizing aloe and are a must have to pack along for any outdoor activity. A modern minded treatment that is safe for adults and kids, ages two and over.

### KIDS T' GO

Calgarians Judi Gillespie and Annett Andersson have developed a handy Activity Travel Bag for children on the go. Custom designed for different age groups, the bag is filled with games and toys designed to occupy and make kids comfortable and happy with their time. Ideal for long road or plane trips, each travel bag retails for \$34<sup>99</sup>. Call Judy at 251-0317 or Annett at 201-3318.

### CALGARY STAMPEDE'S SPORT CHEK KIDS CLUB

As seasoned kids' event connoisseurs, it takes a lot to impress us. The Calgary Stampede's have done it. Their Sport Chek Kids Club is a terrific program— especially for your growing football fans. A child's season ticket is only \$29<sup>99</sup> (adult's is \$120). The children can meet the players, get autographs, have their face painted, get a chance to win great prizes at each game, and much, much more! While the seats aren't the best, they are in an alcohol free section which means you can actually enjoy the game with your children. For more information, call the Calgary Stampede's Ticket Office at 289-0258.



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